

FORMATTING

- Double space the entire paper, including the cover page and references.
- Set all four margins at 1 inch (2.5cm).
- Use 12 pt. Times New Roman font or similar.
- After the title page, include a right-aligned header. The header should include the title of the paper and the page number. The page number should be in Arabic numerals and start at 2 (the cover page is page 1 but this is unmarked).
- First level headings are left-aligned (or centered), capitalized and bolded
- Second level headings are left-aligned (or centered) and capitalized

QUOTATIONS

If a direct quote runs to less than four lines, put it in quotation marks:

Svendsen (2013) says that “[i]t is important that readers know when you are borrowing someone else’s exact words” (1).

If a direct quote is longer (four lines or more), format it as a block quote:

It is important that readers know when you are borrowing someone else’s exact words. Otherwise, you may be accused of plagiarism, which is a form of theft. Students found guilty of plagiarism will be subject to disciplinary action, possible including expulsion from the University. (Svendsen 2013:1)

COVER PAGE

Title

The title is centered about one third down the page.

Name, Course and Date

Your name, the course name and the date are centred under the title on separate lines.

The title of your paper is centered below the

The Effects of Tension and Stress on the Body

Jane Smith

Health 1100

January 20, 2017

REFERENCES

The Reference list begins on a separate page, with “References” centred at the top:

The Effects of Tension and Stress on the Body 9

References

Barrow SM, Laborde ND. 2008. Invisible mothers: parenting

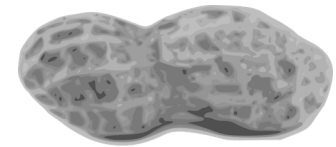
by homeless women separated from their children. *Gend*

Issues. 24(3):157-172.

VanMeter K, Hubert RJ. 2016. *Microbiology for the*

healthcare professional. St. Louis (MO): Elsevier. 532 p.

CSE IN A NUTSHELL



This guide covers only the most common situations. For more information on CSE style, please consult the TRU Library guide at <http://libguides.tru.ca/cse>.

Note: This guide is based on the *Scientific Style and Format, 7th Edition*. Always check with your instructors to see if their requirements differ from those described here.



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IN-TEXT CITATIONS

Note: CSE has three documentation styles: Name-Year, Citation-Sequence, and Citation-Name (see www.scientificstyleandformat.org/Tools/SSF-Citation-Quick-Guide.html). This guide focuses only on the Name-Year documentation style.

In-text citations appear in the text of a paper to indicate that a source is being cited. They include the last name of the author and the date of publication:

...(Smith 2011).

If the author's name is mentioned in the text, give only the date in the parentheses:

Smith (2011) states...

For direct quotes, the page number is included:

...(Smith 2011:163)

Smith (2011) states, "...” (163).

One Author

...(Hodek 2002).

Hodek (2002) states...

Two Authors

...(Barrow and Laborde 2008).

Barrow and Laborde (2008) explain...

Three or More Authors

...(Yencho et al. 2008).

Yencho et al. (2008) argue...

Organization/Corporation as Author

...(Statistics Canada 2016).

Statistics Canada (2016) shows that...

No Author

Use the title, or if the title is long, use the first few words followed by an ellipsis (...):

...(Research Ethics 2016).

...(What you need to know... 2015)

Personal Communication

...(C. Moore, e-mail message, September 20, 2016)

Note: This is not listed in the references.

REFERENCES

Abbreviate titles of journals that are more than one word. For example:

Gender Issues → *Gender Issues*

European Journal of Entomology → *Eur J Entomol*

Journal Article in Print

Barrow SM, Laborde ND. 2008. Invisible mothers: parenting by homeless women separated from their children. *Gender Issues*. 24(3):157-172.

Journal Article Online

Hodek I. 2002. Controversial aspects of diapause development. *Eur J Entomol* [Internet]. [cited 2017 Jan 16];99(1):163-173. Available from: www.eje.cz/pdfs/eje/2002/02/04.pdf

Journal Article with DOI

Yencho GC, McCord PH, Haynes KG. 2008. Internal heat necrosis of potato – a review. *Am J Potato Res* [Internet]. [cited 2017 Jan 16];85(1):69-76. Available from: <http://www.springerlink.com.ezproxy.tru.ca/content/915131u455763131/fulltext.pdf> doi: 10.1007/s12230-008-9008-4

Newspaper Article

Blinder AS. 2011 Jan 31. The carbon tax miracle cure. *New York Times*. Sect. A:15 (col. 2).

Magazine Article

Losos JB. 2001 Mar. Evolution: a lizard's tale. *Sci Am*. 284(3):64-69.

Book

VanMeter K, Hubert RJ. 2016. *Microbiology for the healthcare professional*. St. Louis (MO): Elsevier. 532 p.

Chapter in an Edited Book

Gavito ME. 2001. Mycorrhizae and crop production in a world of rapid climate change: a warning call. In Hamel C, Plenchette C, editors. *Mycorrhizae in crop production*. Binghamton (NY): HFAPP/Haworth Food & Agricultural Products Press. p. 293-310.

Report (Online)

[SWCS] Soil and Water Conservation Society. 2008. Beyond T: guiding sustainable soil management [Internet]. Ankeny (IA): Soil and Water Conservation Society; [cited 2017 Jan 16]. Available from: www.swcs.org/en/publications/beyond_t/

Video (Online)

National Geographic. 2008. 2 degrees warmer: ocean life in danger [Internet]. YouTube.com; [cited 2017 Jan 16]. Available from: http://youtu.be/P-0_gDXqYeQ

Website

Research ethics [Internet]. c2016. Kamloops (BC): Thompson Rivers University; [cited 2017 Jan 16]. Available from: www.tru.ca/research/research-ethics.html

Website with Author

Kishbaugh K. 2015. What you need to know about paying for veterinary school [Internet]. American Veterinary Medical Association; [cited 2017 Jan 17]. Available from: <http://atwork.avma.org/2015/10/22/what-you-need-to-know-about-paying-for-veterinary-school/>

Encyclopedia Article

Robertson MP. 2009. Origins of life: emergence of the RNA world. In *Wiley encyclopedia of chemical biology*. Vol. 3. Hoboken (NJ): John Wiley & Sons. p. 517-528.